RAINBOWMAP INDEX 2026

REFLECTING THE LEGAL AND POLICY SITUATION FOR THE HUMAN RIGHTS OF LESBIAN, GAY, BISEXUAL, TRANS AND INTERSEX (LGBTI) PEOPLE IN EUROPE

ILGA EUROPE

EQUALITY & NON-DISCRIMINATION

COUNTRIES	CONSTITUTION (Sexual orientation)	EMPLOYMENT (Sexual orientation)	GOODS & SERVICES (Sexual orientation)	EDUCATION (Sexual orientation)	HEALTH (Sexual orientation)	CONVERSION PRACTICES BAN (Sexual orientation)	EQUALITY BODY MANDATE (Sexual orientation)	EQUALITY ACTION PLAN (Sexual orientation)	CONSTITUTION (Gender identity)	EMPLOYMENT (Gender identity)	GOODS & SERVICES (Gender identity)	EDUCATION (Gender identity)	HEALTH (Gender identity)	CONVERSION PRACTICES BAN (Gender identity)	EQUALITY BODY MANDATE (Gender identity)	EQUALITY ACTION PLAN (Gender identity)	LAW (Gender expression)	CONSTITUTION (Sex characteristics)	EMPLOYMENT (Sex characteristics)	GOODS & SERVICES (Sex characteristics)	EDUCATION (Sex characteristics)	HEALTH (Sex characteristics)	EQUALITY BODY MANDATE (Sex characteristics)	EQUALITY ACTION PLAN (Sex characteristics)	BLOOD DONATIONS
ALBANIA		●	●	●	●		●			●	●	●	●		●		●		●	●	●	●	●		●
ANDORRA	●	●	●	●	●		●			●	●	●	●		●		●								
ARMENIA																									●
AUSTRIA	●	●	⊙	⊙	⊙		●		●	●	●				●		●		●	●			●		●
AZERBAIJAN																									
BELARUS																									●
BELGIUM		●	●	●	●	●	●			●	●	●	●	●	●		●		●	●	●	●	●		
BOSNIA&HERZEGOVINA		●	●	●	●		●			●	●	●	●		●		●		●	●	●	●	●		⊙
BULGARIA		●	●	●	●		●			●	●	●	●		●										
CROATIA		●	●	●	●		●			●	●	●	●		●		●								
CYPRUS		●				●	●							●											●
CZECHIA		●	●	●	●		●			●	●	●	●		●										●
DENMARK		●	●	●	●		●	●		●	●	●	●		●	●	●		●	●	●	●	●		●
ESTONIA	●	●		●			●	●		●	●	●	●		●	●								●	●
FINLAND	●	●	●	●	●		●			●	●	●	●		●		●	●	●	●	●	●	●		●
FRANCE		●	●	●	●	●	●			●	●	●	●	●	●								●		●
GEORGIA		●	●	●	●		●																		
GERMANY	⊙	●	●	⊙	●	●	●	⊙	⊙	●	●	⊙	●	●	●	⊙							●	⊙	●
GREECE		●	●	●	●	●	●			●	●	●	●	●	●		●		●	●	●	●	●		
HUNGARY		●	●	●	●																				
ICELAND		●	●	●	●	●	●	●		●	●	●	●	●	●	●	●		●	●	●	●	●	●	
IRELAND		●	●	●	●		●	●								●								●	●
ITALY		●																							●
KOSOVO*	●	●	●	●	●		●			●	●	●	●		●										
LATVIA		●					●																		●
LIECHTENSTEIN			●				●								●								●		●
LITHUANIA		●	●	●	●		●																		●
LUXEMBOURG		●	●	●	●		●	●		●	●	●	●		●	●								●	
MALTA	●	●		●		●	●	●	●	●		●		●	●	●	●		●		●		●	●	●
MOLDOVA		●	●	●	●		●			●	●	●	●		●										
MONACO																									
MONTENEGRO		●	●	●	●		●			●	●	●	●		●		●		●	●	●	●	●		●
NETHERLANDS	●	●	●	●			●	●	●	●	●	●			●	●	●	●	●	●	●		●		●
NORWAY		●	●	●	●	●	●	●		●	●	●	●	●	●	●	●								
NORTH MACEDONIA		●	●	●	●		●			●	●	●	●		●										
POLAND		●					●			●					●								●		●
PORTUGAL	●	●		●		●	●			●		●		●	●		●				●		●		●
ROMANIA		●	●	●	●		●																		
RUSSIA																									
SAN MARINO	●																								●
SERBIA		●	●	●	●		●			●	●	●	●		●				●	●	●	●			
SLOVAKIA	●	●	●	●	●		●			●	●	●	●		●										
SLOVENIA	●	●	●	●	●		●			●	●	●	●		●		●						●		●
SPAIN		●	●	●	●	●	●	●		●	●	●	●	●	●	●	●		●	●	●	●	●	●	●
SWEDEN	●	●	●	●	●		●	●		●	●	●	●		●	●	●								●
SWITZERLAND	●		●	●	●		●		●	●		●	●		●								●		●
TURKEY																									
UKRAINE		●								●															●
UNITED KINGDOM	●	●	●	●	●		⊙	⊙	●	●	●	●	●		⊙	⊙								⊙	●

FAMILY

COUNTRIES	MARRIAGE EQUALITY	REGISTERED PARTNERSHIP (Similar rights to marriage)	REGISTERED PARTNERSHIP (Limited rights)	COHABITATION	NO CONSTITUTIONAL LIMITATION ON MARRIAGE	JOINT ADOPTION	SECOND-PARENT ADOPTION	AUTOMATIC CO-PARENT RECOGNITION	MEDICALLY ASSISTED INSEMINATION (Couples)	MEDICALLY ASSISTED INSEMINATION (Singles)	RECOGNITION OF TRANS PARENTHOOD
ALBANIA					●						
ANDORRA	●	●	●		●	●	●				
ARMENIA										●	
AUSTRIA	●	●		●	●	●	●	●	●		
AZERBAIJAN											
BELARUS											
BELGIUM	●		●	●	●	●	●	●	●	●	●
BOSNIA&HERZEGOVINA					●						
BULGARIA										●	
CROATIA		●		●		●	●			●	
CYPRUS		●			●					●	
CZECHIA		●		●	●		●				
DENMARK	●			●	●	●	●	●	●	●	●
ESTONIA	●	●			●	●	●	●	●	●	
FINLAND	●			●	●	●	●		●	●	●
FRANCE	●		●	●	●	●	●		●	●	
GEORGIA										●	
GERMANY	●				●	●	●				
GREECE	●	●		●	●	●	●			●	
HUNGARY		●		●						●	
ICELAND	●				●	●	●		●	●	●
IRELAND	●			●	●	●	●		●	●	
ITALY		●		●							
KOSOVO*					●						
LATVIA			●							●	
LIECHTENSTEIN	●				●	●	●	●			
LITHUANIA											
LUXEMBOURG	●	●			●	●	●		●	●	
MALTA	●	●	●	●	●	●	●	●	●	●	●
MOLDOVA										●	
MONACO				●	●						
MONTENEGRO			●							●	
NETHERLANDS	●	●		●	●	●	●	●	●	●	
NORWAY	●			●	●	●	●		●	●	
NORTH MACEDONIA					●						
POLAND											
PORTUGAL	●	●		●	●	●	●	●	●	●	
ROMANIA											
RUSSIA										●	
SAN MARINO		●		●	●				●	●	
SERBIA											
SLOVAKIA											
SLOVENIA	●				●	●	●		●	●	●
SPAIN	●	●			●	●	●	●	●	●	●
SWEDEN	●			●	●	●	●	●	●	●	●
SWITZERLAND	●			●	●	●	●		●		
TURKEY											
UKRAINE											
UNITED KINGDOM	●	●		●	●	●	●		●	●	

HATE CRIME & HATE SPEECH

COUNTRIES	HATE CRIME LAW (Sexual orientation)	HATE SPEECH LAW (Sexual orientation)	POLICY TACKLING HATRED (Sexual orientation)	HATE CRIME LAW (Gender identity)	HATE SPEECH LAW (Gender identity)	POLICY TACKLING HATRED (Gender identity)	HATE CRIME LAW (Intersex)	HATE SPEECH LAW (Sex characteristics)	POLICY TACKLING HATRED (Sex characteristics)
ALBANIA	●	●		●	●				
ANDORRA	●								
ARMENIA									
AUSTRIA	●	●							
AZERBAIJAN									
BELARUS									
BELGIUM	●	●	●	●	●	●	●	●	●
BOSNIA&HERZEGOVINA	●	⊙		⊙	⊙				
BULGARIA	●	●							
CROATIA	●	●		●	●				
CYPRUS	●	●		●	●				
CZECHIA									
DENMARK	●	●	●	●	●	●	●	●	
ESTONIA		●							
FINLAND	●	●		●	●				
FRANCE	●	●		●	●				
GEORGIA	●								
GERMANY	●	●	⊙	●		⊙	●		⊙
GREECE	●	●		●	●		●	●	
HUNGARY	●	●		●	●				
ICELAND	●	●		●	●		●	●	
IRELAND	●	●	●	●		●	●		
ITALY									
KOSOVO*	●	●		●	●				
LATVIA	●								
LIECHTENSTEIN		●							
LITHUANIA	●	●							
LUXEMBOURG	●	●	●	●	●	●			
MALTA	●	●	●	●	●	●	●	●	●
MOLDOVA	●	●		●	●				
MONACO		●							
MONTENEGRO	●	●	●	●	●	●			
NETHERLANDS	●	●		●			●		
NORWAY	●	●		●	●				
NORTH MACEDONIA	●			●					
POLAND									
PORTUGAL	●	●		●	●				
ROMANIA	●								
RUSSIA									
SAN MARINO	●	●		●	●				
SERBIA	●	●		●					
SLOVAKIA	●	●							
SLOVENIA	●	●							
SPAIN	●	●		●	●		⊙	⊙	
SWEDEN	●	●	●	●	●	●			
SWITZERLAND		●							
TURKEY									
UKRAINE									
UNITED KINGDOM	●	●		⊙	⊙		⊙	⊙	

LEGAL GENDER RECOGNITION

COUNTRIES	NO LEGAL FRAMEWORK MAKING LEGAL GENDER RECOGNITION IMPOSSIBLE	EXISTENCE OF LEGAL MEASURES	EXISTENCE OF ADMINISTRATIVE PROCEDURES	NAME CHANGE	NO AGE RESTRICTION, NAME CHANGE	SELF-DETERMINATION	NON-BINARY RECOGNITION	NO 'GENDER IDENTITY DISORDER' DIAGNOSIS/PSYCHOLOGICAL OPINION REQUIRED	NO COMPULSORY MEDICAL INTERVENTION REQUIRED	NO COMPULSORY SURGICAL INTERVENTION REQUIRED	NO COMPULSORY STERILISATION REQUIRED	NO COMPULSORY DIVORCE REQUIRED	NO AGE RESTRICTION	LEGAL GENDER RECOGNITION PROCEDURES EXIST FOR MINORS	DEPATHOLOGISATION
ALBANIA	●														
ANDORRA	●	●		●	●				●	●	●	●	●		
ARMENIA	●			●											
AUSTRIA	●		●	●	●		●	●		●	●	●	●	●	
AZERBAIJAN	●														
BELARUS	●	●		●							●	●			
BELGIUM	●	●	●	●		●	●		●	●	●	●	●		
BOSNIA&HERZEGOVINA	●	●	●	●	●										
BULGARIA															
CROATIA	●	●	●	●	●						●	●	●		
CYPRUS	●		●	●											
CZECHIA	●	●	●	●	●		●				●	●		●	
DENMARK	●	●	●	●	●	●	●		●	●	●	●	●		●
ESTONIA	●	●	●	●	●						●	●	●		
FINLAND	●	●	●	●	●	●			●	●	●	●	●		
FRANCE	●	●	●	●					●	●	●	●	●		
GEORGIA				●											
GERMANY	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
GREECE	●	●	●	●			●		●	●	●	●	●		
HUNGARY															
ICELAND	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
IRELAND	●	●	●	●	●	●			●	●	●	●	●		
ITALY	●	●	●	●							●	●			
KOSOVO*	●		●	●											
LATVIA	●	●		●							●	●	●		
LIECHTENSTEIN	●		●												
LITHUANIA	●		●								●	●			
LUXEMBOURG	●	●	●	●	●	●	●		●	●	●	●	●	●	
MALTA	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
MOLDOVA	●		●	●						●	●	●			
MONACO	●														
MONTENEGRO	●	●	●	●	●										
NETHERLANDS	●	●	●	●						●	●	●	●		
NORWAY	●	●	●	●	●	●	●		●	●	●	●	●	●	
NORTH MACEDONIA	●			●											
POLAND	●	●	●	●	●		●				●	●		●	
PORTUGAL	●	●	●	●		●	●		●	●	●	●	●		
ROMANIA	●	●													
RUSSIA															
SAN MARINO	●			●	●										
SERBIA	●	●									●				
SLOVAKIA				●											
SLOVENIA	●		●	●	●		●				●	●	●	●	
SPAIN	●	●	●	●	●	●	●		●	●	●	●	●		●
SWEDEN	●	●	●	●	●		●			●	●	●	●		
SWITZERLAND	●	●	●	●	●	●	●		●	●	●	●	●	●	
TURKEY	●	●		●											
UKRAINE	●	●	●	●							●	●	●		
UNITED KINGDOM				●	●										

INTERSEX BODILY INTEGRITY

COUNTRIES	PROHIBITION OF MEDICAL INTERVENTION WITHOUT INFORMED CONSENT (Intersex)	UNIVERSALITY OF PROHIBITION OF MEDICAL INTERVENTIONS	EXISTENCE OF EFFECTIVE MONITORING MECHANISM	ACCESS TO JUSTICE FOR VICTIMS AND REPARATIONS
ALBANIA				
ANDORRA				
ARMENIA				
AUSTRIA				
AZERBAIJAN				
BELARUS				
BELGIUM				
BOSNIA&HERZEGOVINA				
BULGARIA				
CROATIA				
CYPRUS				
CZECHIA				
DENMARK				
ESTONIA				
FINLAND				
FRANCE				
GEORGIA				
GERMANY	●			
GREECE	●	●		
HUNGARY				
ICELAND	●			
IRELAND				
ITALY				
KOSOVO*				
LATVIA				
LIECHTENSTEIN				
LITHUANIA				
LUXEMBOURG				
MALTA	●			
MOLDOVA				
MONACO				
MONTENEGRO				
NETHERLANDS				
NORWAY				
NORTH MACEDONIA				
POLAND				
PORTUGAL	●			
ROMANIA				
RUSSIA				
SAN MARINO				
SERBIA				
SLOVAKIA				
SLOVENIA				
SPAIN	●			
SWEDEN				
SWITZERLAND				
TURKEY				
UKRAINE				
UNITED KINGDOM				

CIVIL SOCIETY SPACE

COUNTRIES	PUBLIC EVENT HELD, NO STATE OBSTRUCTION OF FREEDOM OF ASSEMBLY (Last 3 years)	PUBLIC EVENT HELD, THERE IS ENOUGH PROTECTION (Last 3 years)	ASSOCIATIONS OPERATE, NO STATE OBSTRUCTION OF FREEDOM OF ASSOCIATION (Last 3 years)	LGBTI HUMAN RIGHTS DEFENDERS ARE NOT AT RISK	NO LAWS LIMITING EXTERNAL FUNDING	NO LAWS LIMITING FREEDOM OF EXPRESSION (National/Local)
ALBANIA	●	●	●	●	●	●
ANDORRA	●	●	●	●	●	●
ARMENIA			●		●	●
AUSTRIA	●	●	●	●	●	●
AZERBAIJAN						●
BELARUS						
BELGIUM	●	●	●	●	●	●
BOSNIA&HERZEGOVINA	⊙	⊙	●	●	●	●
BULGARIA	●				●	
CROATIA	●	●	●	●	●	●
CYPRUS	●	●	●	●	●	●
CZECHIA	●	●	●	●	●	●
DENMARK	●	●	●	●	●	●
ESTONIA	●	●	●	●	●	●
FINLAND	●	●	●	●	●	●
FRANCE	●	●	●	●	●	●
GEORGIA			●			
GERMANY	●	●	●	●	●	●
GREECE	●		●	●	●	●
HUNGARY			●		●	
ICELAND	●	●	●	●	●	●
IRELAND	●	●	●	●		●
ITALY	●	●	●	●	●	●
KOSOVO*	●	●	●	●	●	●
LATVIA	●	●	●	●	●	●
LIECHTENSTEIN	●	●	●	●	●	●
LITHUANIA	●	●	●	●	●	●
LUXEMBOURG	●	●	●	●	●	●
MALTA	●	●	●	●	●	●
MOLDOVA	●	●	●	●	●	●
MONACO	●	●	●	●	●	●
MONTENEGRO	●	●	●	●	●	●
NETHERLANDS	●	●	●	●	●	●
NORWAY	●	●	●	●	●	●
NORTH MACEDONIA	●	●	●	●	●	●
POLAND	●				●	●
PORTUGAL	●	●	●	●	●	●
ROMANIA		●	●	●	●	●
RUSSIA						
SAN MARINO	●	●	●	●	●	●
SERBIA			●	●	●	●
SLOVAKIA	●			●	●	●
SLOVENIA	●	●	●	●	●	●
SPAIN	●	●	●	●	●	●
SWEDEN	●	●	●	●	●	●
SWITZERLAND	●	●	●	●	●	●
TURKEY					●	
UKRAINE	●		●	●	●	●
UNITED KINGDOM	●	●	●	●	●	●

ASYLUM

COUNTRIES	ASYLUM LAW (Sexual orientation)	POLICY/OTHER POSITIVE MEASURES (Sexual orientation)	ASYLUM LAW (Gender identity)	POLICY/OTHER POSITIVE MEASURES (Gender identity)	ASYLUM LAW (Sex characteristics)	POLICY/OTHER POSITIVE MEASURES (Sex characteristics)	TOTAL SCORE %
ALBANIA	●		●				41
ANDORRA							43
ARMENIA							9
AUSTRIA	●		●	●			55
AZERBAIJAN							2
BELARUS							7
BELGIUM	●	●	●	●	●		85
BOSNIA&HERZEGOVINA							37
BULGARIA							20
CROATIA	●		●				51
CYPRUS	●		●				34
CZECHIA	●		●				37
DENMARK	●		●	●	●		85
ESTONIA							46
FINLAND	●		●	●			70
FRANCE	●		●	●			60
GEORGIA							12
GERMANY	●	●	●	●			70
GREECE	●		●				68
HUNGARY	●						23
ICELAND	●	●	●	●			86
IRELAND	●	●	●	●			61
ITALY	●		●				24
KOSOVO*	●		●				35
LATVIA	●	●		●			30
LIECHTENSTEIN	●		●				31
LITHUANIA							24
LUXEMBOURG	●	●	●	●			68
MALTA	●		●	●	●		88
MOLDOVA	●						38
MONACO							14
MONTENEGRO	●		●		●		53
NETHERLANDS	●	●	●				64
NORWAY	●	●	●	●	●		69
NORTH MACEDONIA	●		●				29
POLAND	●			●			22
PORTUGAL	●	●	●	●			67
ROMANIA	●						19
RUSSIA							2
SAN MARINO							29
SERBIA	●		●				34
SLOVAKIA	●		●				25
SLOVENIA	●		●				54
SPAIN	●	●	●	●	●	●	89
SWEDEN	●		●		●		68
SWITZERLAND		●		●			50
TURKEY							5
UKRAINE							19
UNITED KINGDOM	●						44

HOW DID WE CALCULATE THESE SCORES? HAVE A LOOK AT **RAINBOWMAP.ILGA-EUROPE.ORG**

SYMBOLS: ● National/federal application ⊙ Applicable in some region only

* Included in this Map as a separate jurisdiction following UNSCR 1244/1999